

## *Connemara Golf Club*

|   |              |
|---|--------------|
| <b>Grilled Goats Cheese</b><br>Served with a tomato dressing        | <b>6.95</b>  |
| <b>House Style Mussels</b><br>Cooked in white wine , garlic & cream | <b>7.50</b>  |
| <b>Smoked Seafood Chowder</b>                                       | <b>4.95</b>  |
| <b>Blue cheese, Pine Nuts &amp; Parma Ham Salad</b>                 | <b>6.95</b>  |
| <b>Cream Soup of the Evening</b>                                    | <b>3.50</b>  |
| <b>Warm Smoked Salmon Salad</b><br>With a lemon vinaigrette         | <b>8.50</b>  |
| <b>Thai Fish Cakes</b><br>With a cucumber relish                    | <b>7.50</b>  |
| <b>Oysters</b><br>1/2 dozen   | <b>9.00</b>  |
| 1 dozen   | <b>17.00</b> |
| <b>Smoked Chicken Salad</b><br>with a soy dressing                  | <b>7.95</b>  |
| <b>Cold Main Courses:</b>   |              |
| <b>Smoked Salmon Salad</b>  | <b>18.50</b> |
| <b>Fresh Crabmeat Salad</b>   | <b>19.50</b> |
| <b>Seafood Platter</b>  | <b>19.50</b> |

# *Connemara Golf Club*

**Grilled Sirloin Steak** 22.95  
Served with mushrooms, onions & pepper sauce

**Pan fried Fillets of Seabass** 22.95  
With a lime cream

**½ Roast Duck** 22.95  
served with a chilli & orange sauce

**Roast Darne of Cod** 20.95  
Served with a Dijon mustard sauce

**Rack of Connemara Lamb** 23.50  
On a mint mash with a rosemary gravy

**Grilled Monkfish Slices** 22.00  
Served with a tarragon cream

**Baked Supreme of Chicken** 17.95  
Stuffed with smoked salmon & cream cheese  
with a cream cheese sauce

**Pan fried Salmon** 18.95  
On a spring onion mash with a chive cream

All of the Above served with stir fry vegetables and potatoes of the day

**Vegetarian Dish of the Day** 16.95  
Please ask for Details